


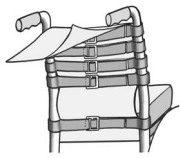







Wheelchair Fitting Checklist (basic level)

1. Is the wheelchair ready?

Has a <i>Wheelchair Safe and Ready Checklist</i> been completed?	<input type="checkbox"/>
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2. Check size and adjustments

<p>Seat width: Should fit closely.</p>		<input type="checkbox"/>
<p>Posture support: Adjust the postural support of the backrest (if available)</p>		<input type="checkbox"/>
<p>Seat depth: At least two fingers' gap between the back of the knee and the seat /cushion.</p>		<input type="checkbox"/>
<p>Footrests height: The thighs are fully supported on the cushion with no gaps. The feet are fully supported on the footrests with no gaps.</p>		<input type="checkbox"/>
<p>Backrest height: The wheelchair user has the support they need and freedom to move their shoulders to push (if self propelling).</p>		<input type="checkbox"/>
<p>Rear wheels position (for hand propelling): The wheelchair user's arm should be in line with the rear axle when hanging down. When hands are placed on the push rims, the user's elbows should be at a right angle.</p>		<input type="checkbox"/>
<p>Seat height (for foot propelling): With the wheelchair user sitting upright, the back should be comfortably supported by the backrest, with feet resting flat on the floor.</p>		<input type="checkbox"/>

3. Check posture

Is the wheelchair user able to sit upright comfortably?	<input type="checkbox"/>
Check posture from the side.	<input type="checkbox"/>
Check posture from front /back.	<input type="checkbox"/>

4. Check pressure

Check pressure under seat bones for all wheelchair users at risk of developing a pressure sore.		
A		Explain the test to the wheelchair user.
B		Ask wheelchair user to lean forward or push up. Place fingertips under wheelchair user's seat bone.
C		Ask the wheelchair user to sit back down on your fingers. Make sure they sit upright with hands on thighs.
D	Identify the pressure: Level one = safe: Finger tips can wriggle up and down 5mm or more. Level two = warning: Finger tips cannot wriggle, but can easily slide out. Level 3 = unsafe: Finger tips are squeezed firmly. It is difficult to slide fingers out.	
E	Repeat under the second seat bone.	

5. Check fit while the wheelchair is moving

Does the backrest allow the wheelchair user freedom to move their shoulders to push?	<input type="checkbox"/>
Does the backrest give the wheelchair user enough support?	<input type="checkbox"/>
Do the wheelchair user's feet stay on the footrests?	<input type="checkbox"/>
Is the rear wheels position correct for the user?	<input type="checkbox"/>

6. Action?

Is there any further action necessary? Write any actions in the wheelchair user's file.	<input type="checkbox"/>
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Remember: The next step after fitting is user instruction.