



Wheelchair User Training Checklist (basic level)

Skill	✓
Wheelchair handling	
Folding the wheelchair	<input type="checkbox"/>
Lifting the wheelchair	<input type="checkbox"/>
Using quick release wheels	<input type="checkbox"/>
Using the brakes	<input type="checkbox"/>
Using the cushion including positioning correctly	<input type="checkbox"/>
Transfers	
Independent transfer	<input type="checkbox"/>
Assisted transfer	<input type="checkbox"/>
Other	<input type="checkbox"/>
Wheelchair mobility	
Pushing correctly	<input type="checkbox"/>
Up and down slopes	<input type="checkbox"/>
Up and down steps	<input type="checkbox"/>
On rough ground	<input type="checkbox"/>
Partial wheelie	<input type="checkbox"/>
Preventing pressure sores	
Checking for pressure sores	<input type="checkbox"/>
Pressure relief lifts	<input type="checkbox"/>
Eat well and drink lots of water	<input type="checkbox"/>
What to do if a pressure sore develops	<input type="checkbox"/>
Looking after the wheelchair at home	
Clean the wheelchair and cushion	<input type="checkbox"/>
Oil moving parts	<input type="checkbox"/>
Pump the tyres	<input type="checkbox"/>
Tighten nuts and bolts (if loose)	<input type="checkbox"/>
Tighten spokes (if loose)	<input type="checkbox"/>
Check upholstery	<input type="checkbox"/>
Check for rust	<input type="checkbox"/>
Check the cushion	<input type="checkbox"/>
What to do if there is a problem	
Wheelchair needs repairs	<input type="checkbox"/>
The wheelchair does not fit or is not comfortable	<input type="checkbox"/>