

Client 1: Mr P

Mr P had a wound 6 months ago that healed within 3 months. He has attended clinic appointments every 3 months and has been controlling his diabetes well. He has good support of his family and is not working. He has returned to the clinic today as he feels that the skin is breaking again. He has good blood supply but poor sensation. He is wearing sports shoes, but they are very tight. His wound is classified as Stage A, grade 0.






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Client 2: Mr P

Mr P is a retired seafarer. He is 65 years old. He lives with his wife and his son who has 6 children. His son has brought him to the health clinic because he has had a wound under his right heel for 6 months. He has been using his own local pandanus medicine on the wound. He does not remember how the wound started. He lives on an outer island 2 days by boat from the central hospital. He has some sandals that he wears occasionally but mostly he walks barefoot. He enjoys playing cards and helping out with church activities.






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Client 3: Mrs L

Mrs L is a mother of 3 children. She is 30 years old. She has come to the diabetes clinic for the first time in 1 year and has a wound on her foot. Mrs L wears flip flops occasionally; however she usually walks barefoot and does not have any other shoes. She lives 5 km from the hospital and has to take public transport to come to the hospital. She is the sole carer for her children as her husband is a seafarer and her parents live on an outer island. She has type 1 diabetes, controlled with insulin however often she runs out and cannot get to the hospital to get more.



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Client 4: Mr A

Mr A is a politician. He is 45 years old and lives with his wife and 2 children. He became very ill 1 year ago and was diagnosed with type 2 diabetes.

Mr A got a blister on his foot 3 weeks ago that has not improved. He has attended the outpatient department for treatment. He is a very busy man and is in a rush to get to a meeting.

He wears sandals when he is working however when he is no working he walks barefoot.

He enjoys going to the hotel on the weekends with his friends and colleagues.



KEEP MOVING

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Client 5: Mr T


Mr T is 35 years old and a primary school teacher. He has come to the hospital with a wound.

He got a coral cut in this spot 8 weeks ago while he was out fishing. He has been seeing a nurse for dressing the wound for the last 2 weeks.

He has diabetes but no other medical problems that he is aware of.

He has a supportive family with 4 children. He is the main breadwinner for the family.

Mr T lives 1 km from his work. He travels to work on the work transport. He wears flip-flops and does not have other footwear.



KEEP MOVING

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Client 6: Mrs B

Mrs B is a retired office worker. She is 50 years old. She has had a stroke that affected the left side of her body.

She has come for her yearly review at the diabetes clinic with a wound on her heel. She does not know how long it has been there.

Mrs B lives with her daughter and 3 grandchildren 25km away from the hospital.

She has not complained of any pain. She does not wear shoes.



KEEP MOVING

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Client 7: Mrs M

Ms M is 60 years old and lives with her husband and extended family. She enjoys weaving. She had her right little toe amputated 3 years ago after she got a cut on her foot from some broken glass.

She attends the local health clinical every 6 months for a check up. At this check up, the nurse noticed a wound on the lateral side of her foot near the previous amputation site.

She has good pulses but signs of neuropathy. She came in without wearing shoes. Her wound has been classified as Stage A :grade 1

What would you do for this woman?



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