

## Interview: Diabetic foot care video

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To use any footage, we must have the person agree and sign:

- Consent form (sent on telegram)

### Participants

- One male participant
- One female participant
- DFC training participants (at least one male and one female)
- (Diabetic foot wound, diabetes related amputation, accessed rehabilitation)

### Nurses (Examples):

1. What is a key message you would recommend to all people in the Solomon Islands?
2. Nurses introduce what is diabetes and why is it a problem?
3. Nurses introduce themselves and the patient
4. What do you enjoy about diabetic foot care?
5. What would you recommend people do to avoid diabetic foot related complications?

- Access services as soon as possible if there are any small problems. Early intervention is the best approach to positive outcomes
- Important to gain an understanding of diabetes for you to be able to best manage the condition and your lifestyle
- The Solomon Islands has the 9<sup>th</sup> highest prevalence of diabetes in the world.
- Diabetes can lead to reduced blood flow, loss of feeling in feet, heart problems, blindness, amputation and even death
- Luckily, with a strong multi-disciplinary team approach and early intervention focussed on prevention and screening 85% of amputations are preventable

### Patient (examples)

1. How long have you had diabetes?
2. How has it been for you living with diabetes?
3. How has receiving diabetic foot care helped you?
4. Why would you recommend someone receive diabetic foot care?
5. Why is it better for someone to access diabetic foot care services as soon as they notice a small problem?
6. What is a key message you would recommend to all people in the Solomon Islands?

### Example:

“I had a small foot wound which I had treated at the diabetic foot clinic. I am grateful to receive this health as my father had a foot wound which became infected. He did not get help soon enough and this led to an amputation. I am very happy that I received help at the diabetic foot clinic to manage my wound and avoid having an amputation. This has helped me to be involved in my community and continue with the activities I enjoy doing with my family”