

# Diabetic foot care online course outline

<b>Year</b>	2021
<b>Contact hours</b>	9 hours per week in format of: <ul style="list-style-type: none"><li>• Module</li><li>• Online workshop</li><li>• Discussion forum</li></ul>
<b>Course duration</b>	Part 3: 3 weeks (20 April – 5 May)
<b>Assessment</b>	Part 3: Training of trainer's competency assessments
<b>Key contact personnel</b>	Tom Fitzpatrick – <a href="mailto:tomfitzpatrick@motivation.org.au">tomfitzpatrick@motivation.org.au</a> Daniel Noll – <a href="mailto:danielnoll@motivation.org.au">danielnoll@motivation.org.au</a> Lee Brentnall – <a href="mailto:leebrentnall@motivation.org.au">leebrentnall@motivation.org.au</a>
<b>Course description</b>	<b>Part 3: Training of trainers (ToT)</b> This part of the course prepares you to train other local staff and personnel. You will focus on how to communicate, course delivery, learning and teaching techniques.
<b>Educational aims</b>	Participants will be confident and effective in delivering wound management, infection control and offloading training to local personnel.

## 1. Training team

A range of online learning facilitators will be delivering the education material to support service delivery of diabetic foot care in the Solomon Islands. Throughout this course all participants are encouraged to contact the online learning facilitators with questions or areas where support can be provided. The contact details of each online learning facilitator can be seen below:

### Online learning facilitators:

Tom Fitzpatrick  
Podiatrist

[tomfitzpatrick@motivation.org.au](mailto:tomfitzpatrick@motivation.org.au)

Lee Brentnall  
Prosthetist Orthotist

[leebrentnall@motivation.org.au](mailto:leebrentnall@motivation.org.au)

Daniel Noll  
Physiotherapist

[danielnoll@motivation.org.au](mailto:danielnoll@motivation.org.au)



## 2. Course objectives

On completion of this course, participants will:

1. Have strengthened their communication and public speaking skills
2. Have a greater understanding of learning and teaching methods
3. Strengthened understanding of class dynamics and working with people of different learning approaches
4. Demonstrated proficient skills in delivery of diabetic foot care training
5. Demonstrated ability to confidently run training workshops in both a theoretical and practical environment
6. Increased confidence in providing mentoring and supervision in diabetic foot care
7. Train staff and local personnel how to effectively and efficiently use diabetic foot care service forms

## 3. Learning resources

Learning resources will be provided to participants to support their learning experience, through access to up to date evidenced based information. All participants will have access to the online training page, and Motivation Australia's diabetic foot care resources. This includes:

- Videos (step-by-step scenarios and support)
- Course modules
- Service forms
- Electronic tablets with webcam and internet data provided (for learning purposes only)

## 4. Drop in sessions

Each week the online learning facilitators are available for drop-in sessions. These are an opportunity for participants to join an extra session to ask questions or request further information about an area of their interest. These are to provide extra support to the participants for any help they may require, and are not compulsory.

Online learning facilitator	Drop-in session type	Time
Tom Fitzpatrick	Zoom / Email / Telegram	Request time via email
Daniel Noll	Zoom / Email / Telegram	Request time via email
Lee Brentnall	Zoom / Email / Telegram	Request time via email

## 5. Learning review activities

The following learning review activities will help to ensure you consolidate your learning and build on your confidence to effectively deliver diabetic foot care training to other staff and personnel.

### Part 3: Training of trainers (ToT)

Learning Review Format	Date of learning review
Online multiple-choice quiz	Ongoing
Deliver keep moving module (in-class)	To be advised

<b>Online multiple-choice quizzes: Ongoing</b>
During training there will be short multiple-choice quizzes. These are to consolidate the participants learning and review key points delivered throughout the week.
<b>Deliver keep moving module (in-class)</b>
Participants will deliver a keep moving module to their class peers. This is to build confidence in public speaking and experience in course delivery.
<b>Deliver keep moving module (to other staff)</b>
This will be delivery of a keep moving module with supervision and support from Motivation Australia staff. This is an opportunity to demonstrate confident and effective ability to deliver diabetic foot care training to staff and personnel.

## 6. Course timetable: Part 3 Training of Trainers (ToT)

Week 1				
Activity	Date/Time (Honiara)	Topic	Session breakdown	Mins.
<b>Module (Dan)</b>	Tuesday April 20, 1:00 – 4:00	Adult learning and group presentation on communication	<ul style="list-style-type: none"> <li>• Introduction</li> <li>• Communication</li> <li>• How trainers can support adult learning</li> </ul>	180
<b>Module (Dan)</b>	Wednesday April 21, 1:00 – 4:00	Communication group presentation	<ul style="list-style-type: none"> <li>• Group presentation on communication</li> <li>• Providing feedback and mentoring others</li> <li>• How to use Microsoft PowerPoint (Using a template)</li> </ul>	180
<b>Module (Offline/Tom)</b>	Thursday April 22, 1:00 – 4:00	Group course work	<ul style="list-style-type: none"> <li>• Prepare and practice delivering SI 3 – screening for at risk feet presentation</li> <li>• Explore key communication strategies to facilitate learning</li> </ul>	180

Week 2				
Activity	Date/Time (Honiara)	Topic	Session breakdown	Mins.
<b>Module</b> (Tom/Dan)	Tuesday April 27 1:00 – 4:00	Practical session	<ul style="list-style-type: none"> <li>• SI 3 – screening for at risk feet presentation (practical)</li> <li>• Run a session for class to use the screening form.</li> <li>• Colleague and staff feedback</li> </ul>	180
<b>Module</b> (Lee)	Wednesday April 28, 1:00 – 4:00	Gender equity in training / planning to run training sessions	<ul style="list-style-type: none"> <li>• Gender equity in training, mentoring and service supervision</li> <li>• How to prepare and schedule training sessions</li> <li>• What resources and materials are required?</li> <li>• Who and how to communicate with all personnel involved in training</li> </ul>	180
<b>Module</b> (Offline / Tom)	Thursday April 29, 1:00 – 4:00	Wound management	<ul style="list-style-type: none"> <li>• Create a PowerPoint presentation about how to describe a wound</li> <li>• Include a presentation on using the wound assessment form and wound management chart</li> <li>• Include a case study for peers to complete the form</li> <li>• Use the DFC protocol to include key resources which will assist learning (example: wound characteristics table)</li> </ul>	180

Week 3				
Activity	Date/Time (Honiara)	Topic	Session breakdown	Mins.
<b>Module</b> (Dan/Tom)	Tuesday May 4, 1:00 – 4:00	Practical session	<ul style="list-style-type: none"> <li>Run a practical session on how to use the wound management assessment form and wound management chart (practical)</li> </ul>	180
<b>Module</b> (Tom)	Wednesday May 5, 1:00 – 4:00	Mentoring and supervision	<ul style="list-style-type: none"> <li>Next steps</li> <li>Questions, discussion and reflection</li> <li>Closing ceremony</li> </ul>	90